

# Hidden Lake Trail #779

## Recreation Opportunity Guide



Distance..... 4.2 miles (one way)  
Elevation..... 3080- 5720 feet  
Snow Free ..... July to October



**Trail Highlights:** This trail enters the Mount Hood Wilderness Area on the southwest side of Mount Hood. The trail passes Hidden Lake on the way to the Pacific Crest Trail #2000. Hidden Lake is more of a pond but still a pleasant destination. The trail climbs to the wooded lake through rhododendron bushes, which bloom in profusion in June. For a longer hike you may continue to the upper terminus of the Hidden Lake Trail.

**Trail Description:** Hidden Lake Trail follows the forested ridge east of Zigzag Canyon, climbing almost 2800' to reach the Pacific Crest National Scenic Trail #2000 in approx. 4 miles. This trail begins at Forest Road 2639 (3,080'), passes Hidden Lake after 2 miles, and continues to the Pacific Crest Trail #2000 (5,720'). A demanding 12.2 mile loop can be made by combining Hidden Lake Trail #779 with the Pacific Crest Trail #2000 (2.4 miles) and Paradise Park Trail #778 (5.6 miles). Paradise Park Trail #778 ends 0.5 mile west of the Hidden Lake Trailhead on Forest Road 2639.

### Regulations & Leave No Trace Information:

- Wilderness Permits are required between May 15 and Oct 15.
- Group size is limited to 12. Stock are counted in the group size. For example, 3 people riding their own horse plus a spare horse in the group for packing would make a group of 7.

#### Leave No Trace

- Plan Ahead and Prepare: Prepare for extreme weather, hazards and emergencies.
- Travel and Camp on Durable Surfaces: Use established trails and campsites.
- Dispose of Waste Properly: Pack out all trash, leftover food and litter.
- Leave What You Find: Avoid introducing or transporting non-native species.
- Minimize Campfire Impacts: Use established fire rings & keep fires small.
- Respect Wildlife: Control pets at all times.
- Be Considerate of Other Visitors: Avoid loud voices and noises.

For information on **Leave No Trace**, go to [www.LNT.org](http://www.LNT.org) or call 1-800-332-4100

**For current trail conditions and more recreation information go to:**

<http://www.fs.usda.gov/mthood>

Map and driving directions on next page

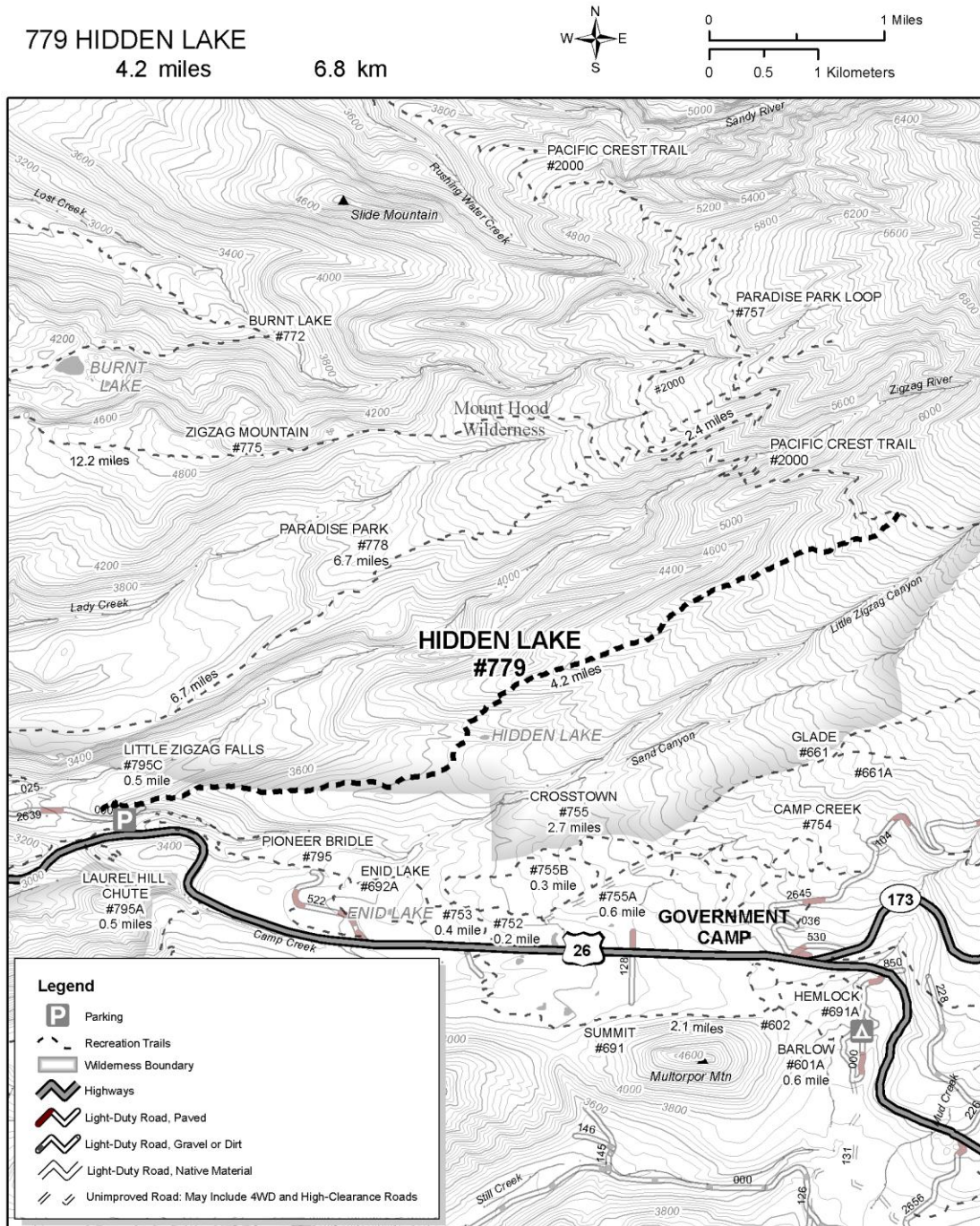
Mt. Hood National Forest  
16400 Champion Way  
Sandy, OR 97055  
503-668-1700

Zigzag Ranger District  
70220 E. Highway 26  
Zigzag, Oregon 97049  
503-622-3191

The USDA is an equal opportunity provider and employer.



**Directions to Trailhead:** From Portland, follow U.S. Hwy 26 22 miles east of Sandy and turn left (north) at Kiwanis Camp Road (Forest Road 2639) (approximately 0.6 mile east of milepost 48). Travel 2.2 miles on Kiwanis Camp Road to the parking area near the end of the road. The trail begins just past Kiwanis Camp entrance in a wide parking area on the left.



**Recommended maps:** Zigzag Ranger District

